

2017 SUMMER



Cricket Camp - Monday, July 10 - Friday, July 14 @ 5:30 pm - 7:00 pm
Ages: 6 - 14 Fee: \$115

Each day participants will receive attention from coaches, to develop an understanding of the rules and sportsmanship associated with cricket.

Golf Squirts - Monday, July 31 - Friday, August 4 @ 4:30 pm - 5:15 pm
Ages: 4 -5 Fee: \$99

Golf - Monday, July 31 - Friday, August 4 @ 5:30 pm - 7:00 pm
Ages: 6-8 & 9-10 Fee: \$135

Using the SNAG (Starting New At Golf) system, participants use over-sized, lightweight clubs to encourage the correct grip and swing technique. In a safe and controlled environment, this program makes learning simple, progressive and fun.

Multi-Sports Monday, August 7 - Friday, August 11

9:00 am- 4:00 pm (\$219), 9:00 a.m. - 12:30 (\$189), 1:00 pm - 4:00 pm (\$159)

Ages: 5-8 & 9-12

Players will have the opportunity to experience up to 4 different sports each day. Sports included: Baseball, Basketball, Cricket, Flag Football, Hockey, Handball, Lacrosse, Soccer, Rugby and more! During the morning players, will focus on developing their technique and skills within each sport, and gain a basic understanding of playing a scrimmage. The afternoon will focus on small sided scrimmages in a tournament environment that encourages good sportsmanship and teamwork.

Total Sports Squirts - Monday, August 7 - Friday, August 11 @ 4:30 pm - 5:30 pm
Ages: 3 - 5 Fee: \$99

Participants can experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey & Flag Football. All sports are taught in a safe, structured and fun learning environment.

Lacrosse Camp - Monday, August 14 - Friday, August 18 @ 5:30 pm - 7:00 pm
Ages: 5 - 8 Fee: \$115

Players will learn and develop their technique in passing, catching and scooping. Each day will end with small-sided games where coaches will encourage good sportsmanship and teamwork. Participants will develop an understanding of offensive and defensive plays, and will be encouraged to implement these into a scrimmage.

REGISTER AT WWW.UPPERGWYNEDD.ORG